

## Sleeping

- Sleeping Bag or Blanket(s)
- Pillow
- Sleeping Pad
- Window Covers
- Rechargeable fan
- Earplugs and Eye Mask
- Stuffed Animals/Comfort item

## Eating

- Camp stove or small propane burner
- Fuel
- Mess kit (plate, bowl, mug, utensils)
- Cooler or insulated food bag
- Small cutting board and knife
- Trash bags and ziplock bags (for leftovers)
- Biodegradable soap and sponge
- Bear-proof storage (if camping in bear-prone areas)
- Non-perishable foods

## Playing

- Daypack
- Hiking boots/walking shoes
- Book or Journal (writing utensils)
- Camera/Tripod
- External chargers
- Portable hammock
- Downloaded playlist or audiobook

## Safety

- First Aid Kit
- Roadside emergency kit
- Flashlight/Headlamp
- Extra batteries
- Bear spray or personal safety device (depending on location)
- Multi-tool or pocket knife
- Offline Maps or GPS device
- Whistle
- External chargers
- Copies of ID, insurance, emergency contacts
- Weather-appropriate clothing layers
- Airhorn

## Sleeping

- Soap, shampoo, conditioner, deodorant
- Microfiber towel and washcloth
- Biodegradable wipes & toilet paper
- Deodorant & Dry Shampoo (for staying fresh between showers)
- Travel toilet or wag bags (for dispersed camping)
- Trowel

## Yours

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